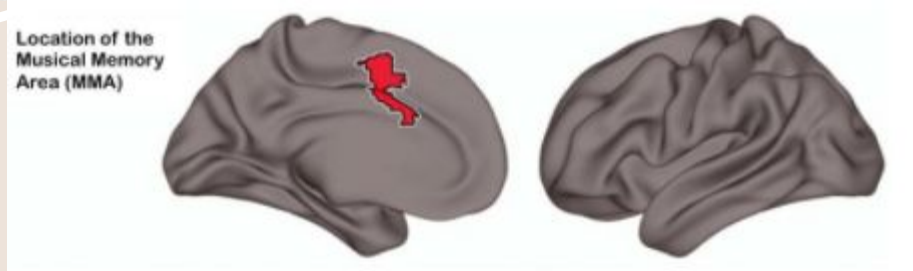


Midnight Praises (Tasbeha)

Servants Prep

A dark blue diagonal gradient background that starts from the bottom left and extends towards the top right, covering the lower half of the slide.

Who has experienced this?



What is “Midnight Praises” (Tasbeha)?

- Midnight Praises are a psalmody of “deep spiritual monument”, rooted in the order of Holy Liturgy.
- It is prayed the morning before liturgy[monastic] (or night before-laymen) following Vespers.
 - Monastics pray Tasbeha at 4AM.
- The words of the Psalmody are taken from the Holy Bible, Book of Psalms and from deep theological understandings.

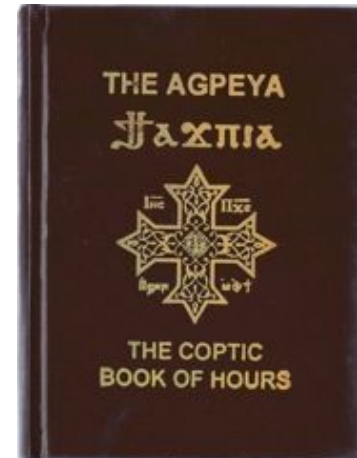
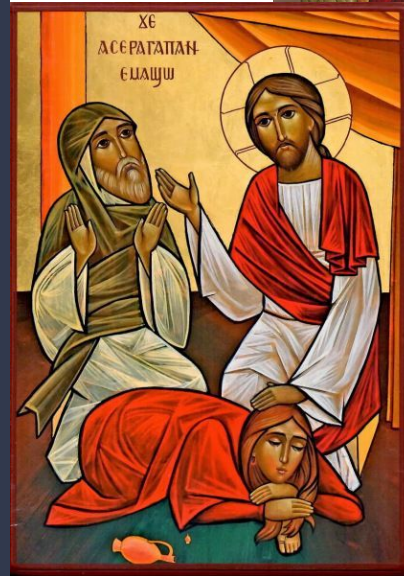


Order of Midnight Praise [Sunday]

1. Midnight Hours from the Agpeya
2. Introduction
 - a. "Tenthos" "Arise, O you children of the light"
 - b. "Tennav" "We look at the Resurrection of Christ"
3. 1st Hoos
 - a. Exodus 15
 - b. 1 Hoos Lobsh (Explanation)
4. 2nd Hoos
 - a. Psalm 135
 - b. 2nd Lobsh
5. 3rd Hoos [Hymn of the 3 Saintly Children]
 - a. Prayer of Azariah
 - b. "Vatos Psali" "Aripsalin" "O sing unto Him who"
 - c. Commemoration of the Saints
 - d. Doxologies
6. 4th Hoos
 - a. Psalm 148, 149, 150
 - b. Psali [Adam/Watos]
7. Theotokia
 - a. Lobsh
8. Antiphonarium
9. Introduction to the Creed, The Creed
10. Conclusion of the Midnight Psalmody "Lord Have Mercy"
11. Holy, holy, holy
12. Conclusion Hymn
13. 1st Hour Prayers
14. Morning Praises

Midnight Prayers

- *3 Watches*
- *Psalms & Gospels*
 - Repetences & Watchfulness



Introduction

“Arise O children

of the Light”



1st Hoos [1st Canticle]

- Hoos means **Praise**
 - The 1st Hoos is a praise about Exodus 15.
- Lobsh means **Explanation.**



2nd Hoos [2nd Canticle]

● **Psalm 135**

- Lobsh: “Let us give thank Christ our Lord with the psalmist David and prophet”

+

“O give thanks to the Lord for He is good, Alleluia His mercy endures forever.”

“O give thanks to the God of gods, Alleluia His mercy endures forever.”

3rd Hoos [3rd Canticle]

● *Prayer of Azariah*

- *Aripsalin= “O sing unto Him Who was crucified...”*
- *Commemoration of Saints*
- *Doxologies*

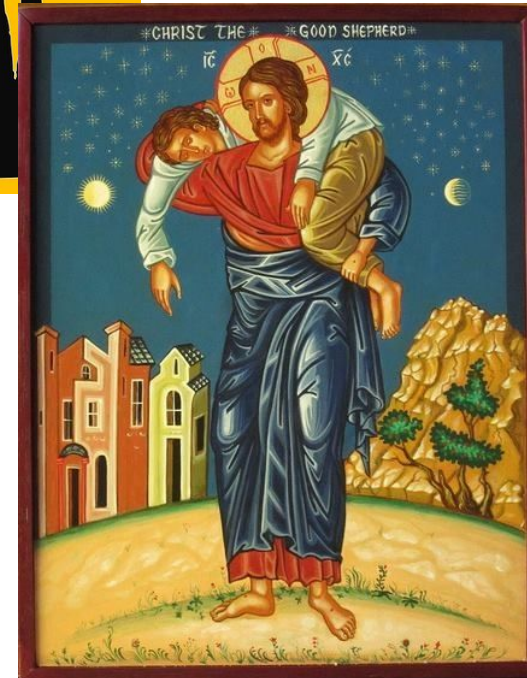


4th Hoos [4th Canticle]

● **Psalm 148, 149, 150**

● *Psali means Hymn*

- **2 Two types of psali**
 - *Adam: Sunday, Monday, Tuesday*
 - *Watos: Wednesday, Thursday, Friday, Saturday*
- **7 Psalis total, one for everyday of the week.**



- **Theotokia [7]**

- **Lobsh**

 - Holy 50s "Who is likened unto You..."

- **Antiphonarium**

- **Kyrie Eleison "Lord Have mercy"**

- **1st Hour**

- **Morning Psalmody**

